

Best Outcomes™ Resource Guide (Adults) 1st Edition

The Best Outcomes™ Adult Resource Guide was created to ensure that adults with special needs had a resource guide with recommendations from special needs families & individuals. No fees or services have been accepted from doctors, websites, agencies, etc. for placement into this guide. The Best Outcomes™ Adult Resource Guide can be reproduced in its entirety without permission; excerpts by request only. For information or to submit a listing for this guide, please call OaSN at (352) 462-0168 or email us at inquiries@oasn.info M-F 9:00am-3:00pm. Special thanks to the individuals & families that provided recommendations for this guide.

ATTORNEY/LEGAL AID

CJ HENRY LAW FIRM (OCALA)

Disability Attorney (352) 304-5300

DISABILITY RIGHTS FLORIDA (800) 342-0823

MARTHA A. JOHNSTON, P.A. (352) 671-1776

JOSEPH PIPPEN JR & ASSOCIATES

Patrick Smith (352) 241-8760 ext. 306

THE PITTMAN LAW OFFICE (352) 399-6944

BEHAVIOR ANALYSIS (ABA)

Applied Behavior Analysis (ABA) assists with life skills, social skills and behavior management.

Lisa Rubin Horton, MS, LMFT, BCBA (OCALA)

(305) 951-9021

CHIROPRACTIC/MASSAGE/ACUPUNCTURE

A BETTER U HEALTHCARE (352) 615-5566

Acupuncture & Eastern Medicine: Erika Olstien

DOWNTOWN CHIROPRACTIC & WELLNESS CENTER

Dr. Julie Stubbard (352) 732-2745

PITTS CHIROPRACTIC (352) 732-0200

STANFIELD CHIROPRACTIC (352) 873-7563

COLLEGES/UNIVERSITIES

BEACON COLLEGE (LEESBURG)

Bachelor's degrees specifically for students with learning disabilities. (855) 220-5374

FIU MARINO CAMPUS

Hospitality and Computer Technology programs for young adults with developmental disabilities.

(954) 530-5511 (Fort Lauderdale Campus)

(786) 817-2323 (Miami-Dade Campus)

DENTISTS/ORTHODONTISTS

PETCHE ORTHODONTICS (352) 732-6006

DR. REED ORTHODONTICS (352) 732-5111

UF HEALTH RESIDENT ORTHODONTICS

(352) 273-5651

DOCTORS-FUNCTIONAL

A Functional Medicine doctor uses traditional medicine plus vitamins, herbs & supplements.

ABSOLUTE HEALTH (SW OCALA)

Accepts private insurance only. (352) 854-5530

CENTRAL FLORIDA FUNCTIONAL MEDICINE

(MERRITT ISLAND) Scott Smith, PA (321) 529-7300

THE INSTITUTE FOR FUNCTIONAL MEDICINE: FIND

A PRACTITIONER <https://www.ifm.org/find-a-practitioner/>

SYMPHONY HEALTH CARE INC.

Accepts private insurance only. (352) 629-5939

DOCTORS-SPECIALISTS (EXCEPT BEHAVIORAL)

CAPERNUM MEDICAL CENTER (LAKELAND)

Neurologist (863) 232-4323

CENTRAL FLORIDA PULMONARY GROUP

(ORLANDO) Dr. Ruel Garcia

(407)-841-1100 or (321)-841-6350

FLORIDA HOSPITAL (OCALA) (352) 351-7200

OCALA REGIONAL MEDICAL CENTER (OCALA)

(352) 401-1000

UF EAR, NOSE AND THROAT SPECIALISTS

HAMPTON OAKS (SHANDS)

(352) 265-0920 OR (352) 265-9465

UF HEALTH EYE CENTER-HAMPTON OAKS

(352) 265-9470

EDUCATIONAL/DEVELOPMENTAL RESOURCES

AGENCY FOR PERSONS WITH DISABILITIES

(STATEWIDE)

(850) 488-4257 or (866) 273-2273 (toll free)

ARC-MARION COUNTY (352) 387-2210

Offers early intervention, senior programs and adult trainings.

CAREER SOURCE (OCALA) (352) 840-5700

DISABILITY RIGHTS FLORIDA (800) 342-0823

DIVISION OF BLIND SERVICES (GAINESVILLE)

(352) 955-2075 or (800) 443-0908

EDUCATIONAL/DEVELOPMENTAL RESOURCES

FAMILY CARE COUNCIL AREA 13

Meetings to develop plans for delivery of service to individuals with developmental disabilities. (352) 330-2749

FLORIDA CENTER FOR THE BLIND (352) 873-4700

KENNY'S PLACE (352) 867-1213

Volunteer program that provides training and learning experiences

VOCATIONAL REHABILITATION (VOC REHAB)

Voc Rehab is a federal state program that helps people who have physical or mental disabilities get/keep a job. (352) 732-1290

EYE CARE

EYE PHYSICIANS OF CENTRAL FL

Dr. Louis C. Blumenfeld (407)-767-6411

HOPE VISION DEVELOPMENT CENTER
(CLERMONT) Vision Therapy (352) 243-4673

JC PENNY VISION THERAPY (GAINESVILLE)
(352) 332-8643

MY EYE DOCTOR (OCALA) (352) 237-3768

OPTICAL OUTLETS (352) 291-5098

RITZ AND JOHNSON (SE 17th St. Ocala)
(352) 732-7900

RITZ EYECARE (State Rd. 200 Ocala)
(352) 237-6200

UF HEALTH-EYE CENTER (SHANDS) (352) 265-9470

HAIR STYLISTS

FREE STYLE HAIR DESIGN (352) 620-8886

HAIR CUTTERY (SE MARICAMP)

Sara Rose (352) 694-1222

INFORMATIONAL BLOG POSTS/ARTICLES

The 9 Most Hazardous Chemicals for People with Special Needs: <https://www.airfiltersdelivered.com/hazardous-chemicals>

Managing Your Child's Transition to Adulthood:

<http://www.mychildwithoutlimits.org/act/life-planning/managing-your-childs-transition-to-adulthood/>

Tenants Rights and Housing Assistance for the Disabled: <https://www.justgreatlawyers.com/renters-rights-and-housing-assistance-for-people-with-disabilities>

Special Needs Checklist: How Disability-Friendly is Your City?: <https://www.yourstoragefinder.com/special-needs-checklist-how-disability-friendly-is-your-city>

MARKETS-ALLERGEN FREE FOODS

B-HEALTHY FOOD & SUPPLEMENTS (352) 854-4577

EARTH FARE (352) 291-2733

EARTH ORIGINS (352) 351-5224

PUBLIX (statewide)

VITALIZE NUTRITION (352) 509-6839

WALMART (all locations)

WINN-DIXIE (all locations)

MEDICAL EQUIPMENT

BARNES HEALTHCARE SERVICES (GAINESVILLE)
(352) 333-2525 or (800) 825-1733

OXYLIFE RESPIRATORY SERVICES (352) 873-2971

MEDICAL INSURANCE INFORMATION

DENISE OPIZ (352) 362-8723 Insurance Broker

MEDICAID (866) 762-2237

Apply for free medical insurance, food stamps, and extra help

PHOTOGRAPHERS

JENNIFER CAUSEY (813) 278-0697

JENNY E PHOTOGRAPHY (352) 615-7662

PSYCHIATRISTS, PSYCHOLOGISTS, COUNSELORS, BEHAVIORAL HEALTH HOSPITALS

ADVANCED BEHAVIORAL HEALTH SERVICES
(TAVARES) 352-742-8300

BAYCARE BEHAVIORAL HEALTH (BROOKSVILLE)

Physical and mental outpatient care (352)-540-9335

THE CENTERS (352) 291-5555

24-HOUR CRISIS LINE:

Marion: (352) 629-9595 Citrus: (352) 726-7155

FAMILY LIFE COUNSELING CENTER (352)-988-6673
(Groveland & Mount Dora) Cassandra Burchfield

DR. PUSKUR (352) 369-3100

Psychiatry: Specializes in Autism and Related Disorders

SPRINGBROOK (864) 834-8013

Behavioral Health Residential Treatment

URBAN COUNSELING (352) 390-6656

Mental health counseling including autism.

THE VINES HOSPITAL (866) 671-3130

RECREATION/RECREATIONAL THERAPIES

Programs specifically for special needs are marked with an asterisk (). Those that are not specifically for special needs are accepting of those with special needs. Please call and discuss your adult's needs if the program is not marked with an asterisk.*

*AQUABILITY Adaptive Aquatic Program (352) 401-3916

*BRYAN'S ALL STARS (BASKETBALL) (352) 239-3088
bryansallstars@gmail.com

*CHAMPIONS FOR CHAMPIONS (352) 462-0380
Recreational and Social Programs

DISCOVERY CENTER OF OCALA (352) 401-3900

*FRANK'S RUGRATS (BASEBALL) (352) 239-3088
bryansallstars@gmail.com

*MAC'S PINGUINS (BOWLING) (352) 239-3088
bryansallstars@gmail.com

*MARION COUNTY THERAPEUTIC RIDING
ASSOCIATION (352) 732-7300
Horse riding/therapies/activities for the disabled.

*SPECIAL NEEDS PERSONAL TRAINING
Rob La Salle (352) 270-1965

*STIRRUPS AND STRIDES (352) 427-3569

SWIM AMERICA (352) 873 5811

*TRANSITIONS LIFE CENTER (352) 476-2704
Educational developmental and social activities for young adults
with special needs.

*TALISMAN CAMP (NORTH CAROLINA)
Camp for ages 6-22 diagnosed with ADHD, autism, Asperger's
and other learning differences. (828) 697-6313

SERVICES FOR THOSE IN NEED (FOOD, CLOTHING, SHELTER, ETC)

*Funds, clothing & services are available when nonprofit
organizations have donations. Please be kind when calling or
visiting. Most staff are volunteers & will do their best to assist you.*

AMERICAN RED CROSS (GAINESVILLE)
(352) 376-4669

ARNETTE HOUSE (352) 622-6135

BROTHER'S KEEPER (352) 622-3846

CATHOLIC CHARITIES OF CENTRAL FLORIDA
(888) 658-2828

CENTRAL FLORIDA COMMUNITY ACTION AGENCY
(352) 732-3008

SERVICES FOR THOSE IN NEED (FOOD, CLOTHING, SHELTER, ETC)

HABITAT FOR HUMANITY (352) 351-4663

SALVATION ARMY CENTER OF HOPE (352) 732-8326

UNITED WAY (352) 732-9696 or 211

SPECIAL NEEDS RESOURCES/AGENCIES

CENTER FOR AUTISM AND RELATED DISABILITIES
(STATEWIDE) (800)-9-AUTISM

DIVISION OF BLIND SERVICES (800) 443-0908

FAMILY CARE COUNCIL AREA 13 (352) 330-2749
Monthly meetings to develop plans for delivery of service to
individuals with developmental disabilities.

FLORIDA CENTER FOR THE BLIND (352) 873-4700

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)
1-800-950-NAMI (6264)

OUTREACH AUTISM SERVICES NETWORK (OCALA)
Autism services, seminars, referrals and more. (352)-462-0168

SEEKING JUSTICE FOR AUTISM (352) 414-8249

TRANSITIONS LIFE CENTER (OCALA) (352) 476-2704

SPECIAL NEEDS TRUST PLANNER

METLIFE (Tracey Martin Pick)(352) 629-9555

THE PITTMAN LAW OFFICE (THE VILLAGES)
(352) 399-6944

SUPPORT GROUPS/FORUMS

ABEL UNITED (ACHIEVING A BETTER LIFE
EXPERIENCE) Support group in The Villages
John T Langan: (352) 633-1136 or jtklangan@aol.com
Facebook: <https://www.facebook.com/ABLEUnited/>

FAMILY CAFÉ (850) 224-4670
Official Website: <https://www.familycafe.net/>
Facebook: <https://www.facebook.com/TheFamilyCafeFL>
Twitter: @TheFamilyCafe

FLORIDA SANDS: Self advocacy group
Email: contactflsand@gmail.com
Official Website: <https://www.flsand.org/>
Facebook: <https://www.facebook.com/groups/FLSAND/about>

THERAPIES: SPEECH, HEARING & PHYSICAL

MRCM SPEECH AND HEARING (352) 732-4900

PROFESSIONAL SPEECH AND HEARING
(AUDIOLOGY SERVICES) (352) 351-3977

PROTHERAPY- SPEECH THERAPY (352) 401-7916

THERAPIES: SPEECH, HEARING & PHYSICAL

GERIL THERAPY (352) 236-1811

Physical Therapy

TRANSPORTATION

LEOPARD TRANSPORTATION (352) 812-1670

MARION TRANSIT SERVICES (OCALA)

(352) 620-3071